



SABLE & STROUT

MEZZO-SOPRANO

sablestrout@gmail.com 1.207.215.3039 www.sablestrout.com

ROLES

Sister Helen Prejean (c)	<i>Dead Man Walking</i>	Heggie	Opera Idaho	2022
Sister Lillianne	<i>Dead Man Walking</i>	Heggie	Opera Idaho	2022
Eva Crowley (c)	<i>An American Dream</i>	Perla	Opera Idaho	2022
Mercédès	<i>Carmen</i>	Bizet	Opera Idaho	2022
Olga	<i>The Merry Widow</i>	Lehár	Opera Idaho	2021
Sorceress	<i>Dido and Aeneas</i>	Purcell	Central City Opera	2021
Giovanna	<i>Rigoletto</i>	Verdi	Central City Opera	2021
Nettie (c)	<i>Carousel</i>	Rodgers/Hammerstein	Central City Opera	2021
Zerlina	<i>Don Giovanni</i>	Mozart	Wichita Grand Opera	2021
Cherubino	<i>Le nozze di Figaro</i>	Mozart	Barn Opera	2020
Josephine	<i>Story of an Hour</i>	Valenti & Luftig	Gramercy Opera	2019
Cherubino (c)	<i>Le nozze di Figaro</i>	Mozart	Charlottesville Opera	2018
Baker's Wife (c)	<i>Into the Woods</i>	Sondheim	Charlottesville Opera	2018
Lucinda	<i>Into the Woods</i>	Sondheim	Charlottesville Opera	2018
Cherubino	<i>Le nozze di Figaro</i>	Mozart	Wichita State University	2018
Annio	<i>La clemenza di Tito</i>	Mozart	Wichita State University	2017
Béatrice	<i>Béatrice et Bénédicte</i>	Berlioz	Wichita State University	2016
Paggio	<i>Rigoletto</i>	Verdi	Opera Maine	2014

CONCERT AND ORATORIO

Soloist	<i>B-Minor Mass</i>	Bach	Boise Baroque Orchestra	2022
Soloist	<i>Stabat Mater</i>	Pergolesi	Boise Baroque Orchestra	2020
Soloist	<i>Through the Guarded Gate</i>	Juliana Hall	Seattle Art Song Society	2019
Soloist	<i>Requiem</i>	Mozart	Southwestern Orchestra	2019

EDUCATION/TRAINING

Opera Idaho	Emerging Artist	2021-2022
Central City Opera	Apprentice Artist	2021
Opera on the James	Young Artist	2019
Charlottesville Opera	Young Artist	2018
Wichita State University	Master of Music: Opera Performance	2016-2018
University of Southern Maine	Bachelor of Arts: Voice Performance	2010-2015

AWARDS/COMPETITIONS

Artist Grant Recipient / Ellis-Beauregard Foundation	2021
Young Artist Encouragement Award / Lyra New York Mozart Competition	2019
Finalist / Vermont Vocal Competition	2019
Opera Fellowship Recipient / Wichita State University	2016-2018
Lillian Nordica Award Winner/Maine NATS First Place Finalist	2015

ARTISTIC AFFILIATES

Danny Belcher (current teacher), John Baril, Ken Cazan, Ellen Chickering, Joshua Collier, Brandon Eldredge, Thomas Getty, Alan Held, Dan Miller, Ian Niederhoffer, Marco Nisticò, Timothy Steele, Sam Ramey.